



GREEN LAKE TREK





Difficulty Level: 6/10

12 days

5050 m

6-10 PAX

Departures: TBA / On request

INR 1,20,000/-

Single room Supplement INR 25000/-

Insurance INR 1200/-

Green Lake Trek

Green Lake trek OR Khangchendzonga base camp trek is a very picturesque trail which passes through some extraordinary landscape in the heart of the Himalayas. Taking you through dense rhododendrons forests, alpine meadows, endless glaciers and an incomparable view of the Himalayan peaks. The trek culminates at the Base of the Holiest peak in Sikkim, also regarded as its main protector, Kanchenjunga. It was one of the first peaks to be attempted by expeditions before world war two, using this approach via the Zemu Glacier. This trail also formed part of the Pre-war Everest expeditions. Today, it is still a largely unexplored country as not many expeditions have been allowed to go beyond to Green Lake. Even today, all trekking groups need to go through a long process of acquiring permits.

Tour Highlights

- Trek to an altitude of 5050 meters above sea level.
- Unhindered views of Siniolchu and Khangchendzonga.
- Trek into a restricted and rarely visited area.
- Explore the higher trails of Sikkim.
- The Zemu glacier and Green Lake.
- Thrilling and Breath-taking Views.
- All inclusive prices.
- Extra days to acclimatise, explore and sightsee.
- Qualified team to ensure safety.



Day Wise Itinerary

Day 1: Arrive Bagdogra. Drive to Gangtok.

Driving distance: 130 km

Starting altitude: 500 m; highest altitude: 1700 m; resting altitude: 1700 m, above sea level

Upon arrival at Bagdogra airport you will be received by our representative and driven to Gangtok. It's a pleasant drive and passes through the Teesta river valley with its dense teak forests.

Highlights: Gangtok, 1st day in Sikkim



National highways



Difficulty Level – NA



Drive Time – 5 hrs

Day 2: Drive Gangtok to Lachen

Driving distance: 110 km

Starting altitude: 1700 m; highest altitude: 2650 m; resting altitude: 2650 m, above sea level

After breakfast we will drive to Lachen in north Sikkim stopping in Mangan for lunch. The views on the drive are stunning as you pass through the lush green hillsides of Sikkim. Lachen has numerous carpet weaving centers in the main village, a visit to one of these is recommended.

Highlights: Deeper into North Sikkim.



Mountain Roads



Difficulty Level – NA



Drive Time – 7 hrs



Day 3: Drive Lachen to Zema. Trek to Tallem

Driving distance: 8 km

Starting altitude: 2650 m; highest altitude: 3240 m; resting altitude: 3240 m, above sea level

Post an early breakfast we drive for 20 minutes to arrive at the road end at Zema, the confluence of the Zemu Chu and Thangu Chu, from where we start our trek. Soon after crossing a bridge the trail turns west along the left bank of the Zemu Chu to Green Lake. The first 6 kms of the trail is wide and broad though sometimes hampered with landslides. The next 6 km will get us to our camp at Tallem, the confluence of Lhonak Chu with Zemu Chu.

Highlights: First day of the trek. Walk along Zemu Chu



Mountain Roads & Trail

hrs



Difficulty Level – NA



Drive Time – 20 min



Walking time – 4

Day 4: Trek Tallem to Jakthang.

Walking time: 5 hours

Starting altitude: 3240 m; highest altitude: 3500 m; resting altitude: 3300 m, above sea level

Today we enter some of the most magnificent rhododendron forests, the pride of Sikkim. You will cross a bridge to climb steadily through the forest to Shobuk. The trail then descends steeply for 12 km till Jakthang, a small clearing in the forest which is our camp for the night. At Jakthang you can already see a few peaks towering above the pine trees.

Highlights: Rhododendrons. Altitude gain to higher forests



Mountain trail



Difficulty Level – NA



Walking Time – 5 hrs



Day 5: Trek Jakthang to Yabuk.

Walking time: 5 hours

Starting altitude: 3300 m; highest altitude: 3850 m; resting altitude: 3850 m, above sea level

The trail continues through alpine forests today. After a short climb you will cross a bridge over Thombak Chu. There are several ascents and descends on the route over a route that changes owing to the floods in the region every year. Later we descend towards the bank of the Zemu Chu and follow the trail along the river. After a tiring



walk, we reach the camping ground of Yabuk, a beautiful camp site that can get cold and windy owing to its proximity to a glacier.

Highlights: High acclimatisation camp of Yabuk.



Mountain trail



Difficulty Level – Hard



Walking Time – 5 hrs (approx)

Day 6: Acclimatisation day at Yabuk

Starting altitude: 3850 m; highest altitude: 3850 m; resting altitude: 3850 m, above sea level

Today is a rest day that we can spend washing and lazing around. We can also explore some of the other trails heading out from the vicinity.

Highlights: A day to rest at Yabuk.



mountain trail



Difficulty Level – NA



Walking Time – 0 hrs

Day 7: Trek Yabuk to Rest Camp

Walking time: 5 hours

Starting altitude: 3850 m; highest altitude: 4500 m; resting altitude: 4500 m, above sea level

From Yabuk the trail enters the terminal moraine of the Zemu Glacier. It's a challenging stretch over loose rock, pebbles and boulders and the altitude will add to the effort, however, one is rewarded with magnificent views of mountain peaks like Siniolchu and



Simvo. At times one can also view Kanchenjunga rising in the distance. After a 6 km walk we reach Rest camp at the mouth of Lhonak valley.

Highlights: Entry into alpine terrain. Views of high Himalayan peaks



Alpine Mountain trail



Difficulty Level – Hard



Walking Time – 5 hrs

Day 8: Trek Rest Camp to Green Lake

Walking time: 4 hours

Starting altitude: 4500 m; highest altitude: 5050 m; resting altitude: 5050 m, above sea level

The trail from Rest camp towards the Green Lake is along a moraine ridge. The views of the

surrounding peaks are very clear. The Green lake camp is a vast open ground with views of natural wonders like Khangchendzonga, the Twins, Siniolchu, Simvo, Nepal Peak, Tent Peak, Nepal Col, Nepal Gap. If you look to the distant East Jhomolhari stands before you in the grandest form far away in Bhutan.

Highlights: Zemu glacier, Green lake, views of the high Himalayas



Ice and rock trail



Difficulty Level – Hard



Walking Time – 4 hrs





Day 9: Trek Green Lake to Yabuk

Walking time: 6 hours

Starting altitude: 5050 m; highest altitude: 5050 m; resting altitude: 3850 m, above sea level

Today we start retracing our steps towards Yabuk with moderate pace and enjoy the beauty of the trek as we start our return journey.

Highlights: The descent.



Mountain trail



Difficulty Level – Easy



Walking Time – 6 hrs





Day 10: Yabuk to Tallem

Walking time: 7 hours

Starting altitude: 3850 m; highest altitude: 3850 m; resting altitude: 3250 m, above sea level

We continue to descend further towards Tallem.

Highlights: Final day in camp



Mountain trail



Difficulty Level – Easy



Walking Time – 7 hrs

Day 11: Trek Tallem to Zema. Drive to Gangtok.

Walking time: 3 hours; Driving distance: 110 km

Starting altitude: 3240 m; highest altitude: 3240 m; resting altitude: 1700 m, above sea level

Today we start little early and continue towards the road at Zema. The trail is easy with some ups and downs. Once in Lachen we will drive down to Gangtok.

Highlights: Culmination. Celebration.



Mountain trail & roads



Difficulty Level – Easy



Walking Time – 3 hrs



Driving Time – 4 hrs



Day 12: Drive Gangtok to Bagdogra airport.

Driving distance: 130 km

Starting altitude: 1700 m; highest altitude: 1700 m; resting altitude: NA above sea level

The day to bid goodbye is here as we drop you off at Bagdogra airport to make our way home. We bid farewell and hope to see you another adventure.

Highlights: Goodbyes



National highways



Difficulty Level – NA



Drive Time – 5 hrs

Inclusions

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- Accommodation for 11 nights. Gangtok to Gangtok.
- Transportation Bagdogra to Bagdogra.
- Permits and royalty upto those needed for Indian nationals.
- All meals from lunch on day 1 to breakfast on day 12.
- Qualified & Experienced tour leader/ guide.
- Courteous support staff.
- Offloading of personal luggage
- Porter/mules for common supplies, gear and personal baggage.
- Safety communication devices like walkie talkies, as needed.
- Drinking water.
- Group Camping gear rental.
- Comprehensive First-aid and support including oxygen cylinder(s).



Exclusions

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- Taxes.
- Permits & royalty for foreign nationals
- Insurance.
- Tips Flight tickets.
- Alcoholic beverages.
- Personal expenses incurred during the course of the trip.
- Single room supplement.
- Anything and everything else that is not a part of the inclusions.

Is This For Me

Are you looking for a trek into remote and protected areas, so pristine that they blow your mind? Does the magnificence of the high and mighty Himalayan peaks fascinate you? If yes, then the trek to Green Lake is tailor made for you.

Green Lake trek takes you into glacial terrain in excess of 5000 meters above sea level. A threshold usually set for people with some prior high-altitude trekking experience. Being in a highly restricted area close to the Indo-China border, it requires a lot of advance planning to get through the paperwork and permits. The extra planning and effort to get through these filters means that only the highly motivated trekkers embark on this trail. For those, who appreciate the rewards of patience and the filters, the rewards are immense. Undamaged and raw mountain scenery with views of some mighty Himalayan peaks like Siniochlu and Khangchendzonga makes the trek to Green Lake one of the most sought-after treks in India.