

KANG LA

5468 M

MANALI TO MANALI
10 NIGHTS / 11 DAYS



WHO WE ARE

Founded in **1993**, Banjara has a deep-rooted presence in the Indian Himalayas when it comes to hospitality and adventure. Through our experiences we hope to share the same spirit of adventure & exploration with everyone and also bring the best of adventure and hospitality together in doing so.



ITINERARY

1

**ARRIVE KULLU. EXPLORE
MANALI**

2

**DRIVE MANALI TO KHANJAR.
WALK TO CAMP**

3

TREK TO YOLITHANG

4

YOLITHANG TO ZARDUNG

5

**ZARDUNG TO HIGH
CAMP/KESAR YON CHHAP**

6

**HIGH CAMP TO GLACIER
CAMP 1**

7

**CAMP 1 TO GLACIER CAMP 2
(KANG LA BASE)**

8

**CAMP 2 TO KANG LA CROSSING
ONTO THE ZANSKAR SIDE**

9

BUFFER DAY

10

**TREK TO BARDAN.
DRIVE TO JISPA**

11

**FROM JISPA, DROP TO
BANDROL, KULLU**



ARRIVE KULLU. REST & PREPARE

It all starts with your arrival at Kullu, stay at our very own homestead or similar, 30 km short of Manali. Take in the green and quaint surroundings this day, meet our representative, and get introduced to what the following days are going to have in store for you.



Day 1



0 km



1900 m



DRIVE MANALI TO KHANJAR. WALK TO CAMP



Day 2



170 km



3500 m



1 hour

After an early breakfast, we drive to the remote village of Khanjar. The journey offers some truly breathtaking views of the Himalayas at their best! Once at Khanjar we'll make a short walk away from the villages and come to rest at our first camp.



TREK TO YOLITHANG



Day 3



3727 m



4 hours

We are now entering the cradle of Miyar. Plains surrounded by tall rocky peaks is why Miyar is often called the Yosemite of India. We will cross the beautiful chorten on the way as we head to camp in the beautiful Yolithang meadow.





YOLITHANG TO ZARDUNG

As we enter deeper into the valley, we face stream crossings that make things interesting. We camp at Zardung, "Zardung", translates to "land of boulders" in the local language. The landscape gives the campsite a truly unique vibe and an opportunity to try some bouldering.



Day 4



5 hours



3880 m

ZARDUNG TO HIGH CAMP/ KESAR YON CHHAP

Today we walk to camp higher than Kesar Yon Chhap, famous for its seven emerald lakes. It is heralded as a sacred place to the locals and offers breathtaking views of the Miya Glacier. This extra hike makes it a little easier the next day as we embark on the Miya Glacier.

 Day 5



5 hours



4110m



We start making our way towards the snout of the Miyar Glacier. The landscape goes from green meadows to one filled with rock and ice. This is also the first day when we actually camp on the glacier with snow and icy views all around us.



Day 6



7 hours



4440 m

HIGH CAMP TO GLACIER CAMP 1





CAMP 1 TO GLACIER CAMP 2 (KANG LA BASE)



Day 7



7 hours



4900 m

Another day on the Miyar glacier awaits us! The climb is not really steep and most of it will be on solid ice. A full day's walk on an Antarctic landscape with the excitement of the dynamicity of walking on a glacier is sure to keep you occupied.



The D-day has arrived! With the final ascent and an even longer descent to follow that will finally take us out of the icy slopes and onto solid ground, a welcome relief after two days of sleeping on ice. After successfully crossing the Kang La we finally reach our camp on a small meadow by the stream.



Day 8



9 hours



5450 m

BASE CAMP TO CAMP ON THE ZANSKAR SIDE OVER KANG LA





KANG LA TOP & MIYAR GLACIER



BUFFER / CONTINGENCY DAY



Day 9

The nature of this journey makes it prudent to keep a contingency day. If not used earlier, we'll use it in a way to make the trip more memorable.





TREK TO BARDAN. DRIVE TO JISPA

We start early today and make quick work of the final walking part of this trip. We will reach the road around noon or just before to find our transport waiting to pick us up and drive us to Gemoor Khar, Jispa. Celebrate your accomplishment at the day's end - Kang La isn't everyone's cup of tea.



Day 10



5 hours



150 km



5091 m

DRIVE, JISPA TO MANALI, KULLU

We make our way to Roots Bandrol where we end our trip with our last lunch together as a group!

Here we say goodbye to our fellow trekkers and head towards our own destinations.



Day 11



100 km



3200 m





Day 12

DRIVE OUT FROM MANALI

The day to leave is here. Following breakfast we head out towards our respective destinations. Heading back to the hustle-bustle of daily life, we hope this experience will keep you going till we meet again on another adventure!

INCLUSIONS

- Qualified Team lead / guide.
- Accommodation, 10 nights.
- Transportation.
- All meals. lunch on day 1 to lunch on day 11.
- Porterage of personal luggage.
- Permits and fee.
- First Aid back up.
- Camping gear and safety equipment.

EXCLUSIONS

- Taxes.
- Insurance.
- Gratuity and tips.
- Extra drinks & alcoholic beverages.
- Single room supplement.
- Additional excursions outside the itinerary.
- Costs of unforeseen natural causes.
- Anything not in the inclusions.

INR 1,35,000/- Per Person
+ 5% GST

Group size: 4 to 10 People



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