



MIYAR VALLEY TREK

WHO WE ARE

Founded in **1993**, Banjara has a deep-rooted presence in the Indian Himalayas when it comes to hospitality and adventure. Through our experiences we hope to share the same spirit of adventure & exploration with everyone and also bring the best of adventure and hospitality together in doing so.



ITINERARY

1

ARRIVE MANALI. REST & PREPARE

2

**DRIVE TO KAHANJAR. WALK
TO CAMP**

3

TREK TO YOLITHANG

4

**TREK YOLITHANG TO
ZARDUNG**

5

**DAY HIKE ZARDUNG TO
KESAR YON CHHAP & BACK**

6

**TREK ZARDUNG TO
THARANG NALA**

7

**TREK THARANG NALA TO
KHANJAR. DRIVE TO MANALI**



Leave the heat and hustle behind as you come to rest at the lovely Roots, Bandrol. With enough time left in the day to enjoy time away, rest and rejuvenate yourself after the long drive and prepare for the exciting journey ahead



0 km



1900 m

ARRIVE AT ROOTS. REST & PREPARE





DRIVE TO KHANJAR. WALK TO DOKSA

We start after an early breakfast with a drive through Atal Tunnel and into Lahaul. We drive deep into Miyar till Khanjar village. The journey offers some truly breathtaking views of the Himalayas at their best! We will be staying at a camp near Khanjar for the night.



160 km



1 km



3500 m





TREK TO YOLITHANG

We enter the cradle of Miyar, vast plains, surrounded by tall rocky peaks! You'll soon know why Miyar is sometimes called the Yosemite of India! Camp by the Miyar river. We will also cross the beautiful Gompa Lake!



8 km



3727 m

YOLITHANG TO ZARDUNG

As we enter deeper into the valley, we 'll be faced with some stream crossings. We camp at Zardung - Land of Boulders in the local language. The landscape gives the campsite a truly unique vibe.



10 km



3880 m



Today we walk to and from Kesar Yon Chhap, famous for its seven emerald lakes. It is heralded as a sacred place to the locals, and offers breathtaking views of the Miyar Glacier. Then we come back to the beautiful campsite of Zardung.

DAY HIKE TO KESAR YON CHHAP



9 km



3970 m





TREK ZARDUNG TO THARANG NALA

Enjoy the scenery as we continue our leisurely walk towards Khanjar but not before spending a night on the wide green grassy plains around Tharang Nala.



10 km



3700 m



Today is the final day of the trek. We start early and walk to Khanjar where we started our trek. Following a quick break, we will drive back towards Kullu where we bid goodbyes to each other until we meet again on another exciting journey.

THARANG NALA TO KHANJAR. DRIVE TO KULLU



13 km



160 km



3460 m



INCLUSIONS

- Transportation as per the itinerary
- All Meals from lunch on day 1 to lunch on day 7.
- Qualified guide & support staff.
- Accommodation on twin sharing.
- Carriage of personal luggage.
- Permits and fee.
- Comprehensive First-Aid kit.

EXCLUSIONS

- Taxes.
- Insurance.
- Tips.
- Personal expenses .
- Emergency evacuation cost.
- Cost incurred due to unforeseen circumstances .
- Anything not part of the inclusions.

INR 60,000/- Per Person
+ 5% GST

Group size: 6 to 10 People



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